### THE FRANKSTON MORNINGTON PENINSULA VCAL VOICE | Oct. 2018







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### SPECIAL THANKS

This magazine is a celebration of work and accomplishments from VCAL students and teachers across the Mornington
Peninsula. Without the hard work and support of both the teachers and faculties. None of this would be possible without them, and the dedication of our sponsors and organizations that have helped along the year by providing resources, time or in some cases granted access for students to learn, grow, and most importantly to experience something they may not have had access to without their support.

From every VCAL student and teacher across the peninsula a big thankyou and we hope that you enjoy some of the stories and experiences contained within these pages.



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Ovenden

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Printed by Chisolm





# Learn Engage Connect Young Parents Program

# VCAL

FRANKSTON & MORNINGTON PENINSULA



Teams from schools in the area competed against each other for the coveted awards for Main Dish and Dessert.

Two teams from the Learn Engage Connect, VCAL Young Parents Program (which included myself) competed in the cook off. The four of us did really well, with our main dish and dessert. My teammate and I cooked Rosemary, Garlic Butter Steak and Vegetable Puree with Beetroot Sauce. The flavours were nice when they went together. We were awarded a 'Judges Commendation'. For dessert, we made Chocolate Cream Puffs.

While cooking, my teammate Megan and I coped with ease because we had everything sorted and ready to go. We knew what to put on first and had everything ready to plate by 12 o'clock for the main dish and 2:15pm for the dessert. With the main dish, we had the vegetables and beetroot on first to cook because they would have taken the longest. Once they were done, I started cooking the steak. Once that was ready we let it rest for five minutes, then it was ready to plate.

Signing up for this Cook Off event was my first time in a cooking competition. I had never previously cooked outside of home. It was a first for me to enter an event where I'm getting judged on what I cook.

Interacting with students from other schools boosts your confidence and helps build your social skills. This type of activity is very positive and helps you feel confident.

Overall, the Cook Off day went well and was very helpful learning some new skills, meeting people, and building new friendships. By Phoenix Nicholson

Learn Engage Connect,

VCAL Young Parents Program





# MINDSHOP EXCELLENCE Overview

Mindshop Excellence is the community purpose of the Mindshop organisation - it's our way of giving back to the community by providing a valuable learning opportunity to future young leaders.

Mindshop Facilitators give their time freely to the program; they enjoy the opportunity to refine their facilitation skills with the Mindshop tools and impart their knowledge as positive mentors to the students involved - a win, win for everyone involved!

The Mindshop Excellence program is a structured work place learning program for a small group of six to seven, Year 10 or Year 11 students. The students provide the Consulting Team to work in a host organisation, for five days, receiving training by a Mindshop Facilitator and then analysing a real business issue in that organisation, prepare a report. The highlight of the week is when students present their recommendations to the business management, staff, school representatives and their parents on the last day of the program. In most cases, some or all of the team's recommendations are implemented by the respective businesses involved.

rankston Cit

It's amazing to see the personal growth of students in just one week. They learn:

- Team work
- Presentation skills
- Discovery process of research
- Problem solving tools to get them through their senior years at school and How businesses work and gain a greater understanding of working in the
- REAL world!
- To challenge their way of thinking
- The feeling of making a differencel
- To have FUN whilst learning new skills



## C ELISABETH MURDOCH COLLEGE PATRICAN TO SPECESS

- Over 5,000 students involved over the last 20 years.
- Schools and businesses are eager to become involved
- Strong relationships and partnerships have been forged as a result of involvement of schools with local businesses and community groups
- Major issues have been resolved by teams of students



During Work Experience Week, a privileged group of Year 10 EMC students were given a fantastic opportunity working in the Mindshop Excellence program with Frankston Council.

They worked as a team to problem solve specific issues posed by Council and learnt how to use planning tools to get to the heart of the problem. The end of the week culminated in formal presentations by both groups in front of their families, councillors, the College representatives and community, where each group confidently put their recommendations forward.

Group 1 - Zara Wiseman (Group Leader), Max Broersen, Sunny Bluhm, Emily Mann and Kialla Boyce

Group 2 - Caitlin Aedy (Group Leader), Phoebe Rutter, Aaron Sheedy and Montana Jackson.



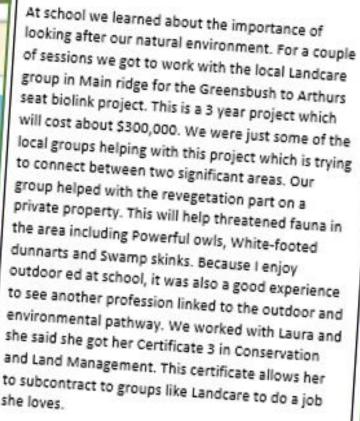












Caity Adams.





The Senior VCAL students at John Paul College have once again participated in the in the Scope Young Ambassadors Program in 2018; a program which is a great way for students to learn about diversity in the

The program provides students with skills to understand disability and diversity in the community, successfully communicate with people who have a disability, be aware of some of the challenges faced by people with a

This year the program culminated in the students participating in a couple of games of balloon football with some SCOPE clients at Springers Sports Centre, something which the students found a little confronting at first but ultimately it was an activity that allowed them to find some common ground-namely, a competitive spirit.

As one student reported at the end of the program, the activity showed her that not only is it important to see the person and not the disability but also that 'sometimes people just want a chat'.



Waking up in the morning is always a struggle. Sauntering out of bed at 7:30am on a Monday morning is my actual nightmare. The only thing I enjoy about waking up is getting to sit in the shower for 10 minutes still trying to keep my eyes open for 60 seconds. After showering I get into my uniform and start making breakfast and lunch, I normally make a vegemite and cheese sandwich but sometime I treat myself to peanut butter. Getting my bag ready for school is next packing it with my lunch and whatever I brought from school the day before e.g. books, computer, pencil cases, etc.

Now that I am ready to go to school I get in the car and get driven to school by my dad.

I have arrived at school and start heading to the office as I am usually late so I have to sign in. Now that I have signed in I have to head to my locker to put my bag away and get any other essentials for the next two classes. Completing work and staying on track for 1 hour and 45 minutes is another one of my weaknesses. That's a long time to stay motivated.

Now to eat. Recess and lunch are my favourite parts of the day if they were subjects I would surely pass. I tend to have something on whether it's a meeting or some activity that I have signed up for like the school production. But if I have a free day, which is rarely, I sit in the study area and do some work that I need to catch up on or will be due soon.

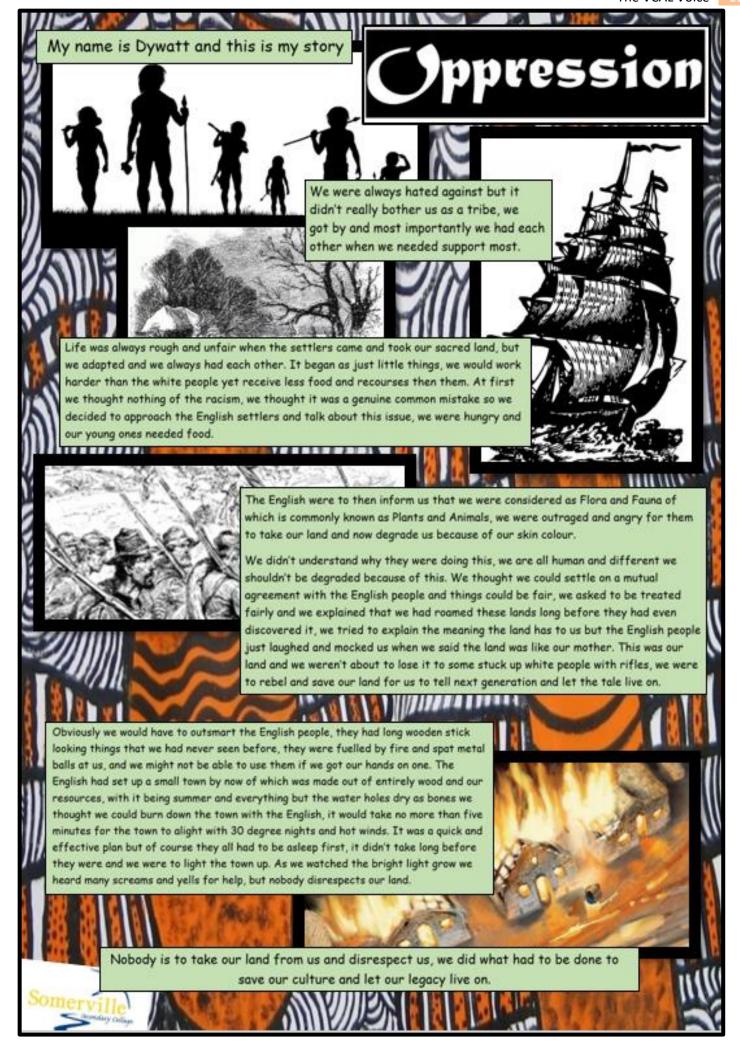
After another three lessons (5 in total) it's the end of the school day most days I stay at school for around an hour before I get picked up so I just watch YouTube or get work done. It really depends on my mood.

Once I get picked up I go home and relax. I like to watch Netflix and YouTube most of the time but sometimes I clean once again it depends on my mood. After a while my dad and I have dinner and relax together and then I go to bed and sleep, getting ready to wake up to the next morning.

By Taasha Stone

From Somerville Secondary College









PENINSULA VCAL ASSOCIATION

The Peninsula VCAL association PVA in partnership with FMPLLEN and VCAL providers in the FMP region won the 2017 VCAA- VCAL promotion

The Peninsula VCAL Association (PVA) has been in operation for over 10 years and is a network of 25 schools at its core with teachers and VCAL coordinators represented as its base membership. The PVA promotes partnerships between schools for the purpose of enhancing outcomes for young people and raising the profile of VCAL in schools and the community. While PVA is an entity in its own right, FMPLLEN provides the

PVA is a leader in partnership and promotion of VCAL generally in its function and daily activities but particularly through the following partnerships, publications and events:

- VCAL Voice
- FMP VCAL Awards
- FMP Applied Learning Day
- FMP VCAL Cook Off





PVA provides a platform for schools to work in collaboration to reach students and industry across the region. PVA members work with their students and VCAL team in schools to solicit the articles for VCAL voice and distribute the publication. A member of PVA compiles VCAL voice.



FMP VCAL Awards are held each year and have been held for 5 years with participation from all VCAL schools and providers in the FMP region

Schools nominate students who have demonstrated achievement and effort in the VCAL program and school leaders, students, parents, stakeholders and dignitaries attend the awards from local and state

The FMP VCAL Awards are a partnership between FMPLLEN, PVA and the schools that comprise PVA membership. The PVA members are the key partners in ensuring communication and participation in these awards is extremely successful. The Awards promote VCAL to schools and Principals, industry, Training providers, Families, students and the wider community, raising the profile and understanding of VCAL and its opportunities. This year 50 VCAL students received excellence and encouragement

The Partnership also provides collaborative activities for staff and students. Each year there are Professional Development activities for teachers with the Applied Learning PD day being a feature of the year where teachers are linked with partners in pathways PVA supports new VCAL staff and

PVA is key also in resource development and dissemination with resources shared, mapped integrated and improved through PVA processes.

We would like to acknowledge and thank all PVA and FMPLLEN supporters for making this network





Healthy Parks Healthy People













On Thursday the 20th of September, the Learn Engage Connect VCAL Young Parents Program went on an excursion to the Melbourne Aquarium. The parents and children met at Frankston Station and took an hour-long train ride to Flinders St Station. When we arrived at Flinders St Station, we walked

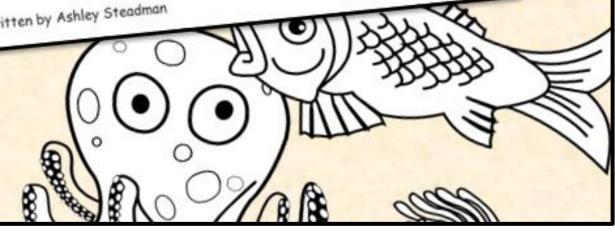
about 15 minutes to the Aquarium. The purpose of this excursion was to show our children all the amazing sea life creatures.

When we first arrived at the Aquarium, we had the opportunity to have a group photo in front of the green screen. It was a good keepsake.

I walked around with Kim, one of the girls from the other class and her child Kiara. My daughter Mackenzie's favourite thing to see there were the penguins. She also liked seeing all the different kind of fish. My favourite thing at the Aquarium were the seahorses, the sharks, and stingrays at the Mermaid Garden.

When we left the Aquarium at 1:00 I let Mackenzie pick two little souvenirs. She picked out a little dolphin and a penguin. I had to bribe her with a chocolate frog so that she would go back in her pram; she did not want to leave because of how exciting everything was for her.

Written by Ashley Steadman





outside of class during class to complete our project. Then we had to organise the compass entry supplying the information needed for our class to know what we were going to do for this project. For the last step before we completed the project was to organise supplies to clean up the beach with which included plastic bags and gloves.

We got the project idea from our original idea which was to clean up the school but that did not meet our community outcome so Ms McKinlay suggested to clean up the beach and we took it from there. Creating the project, which also has another benefit from cleaning the beach as well as helping meet our outcomes. We displayed our ideas of this project by showing a tsummary on expo night of what we did for our project and facts on nubbish in the oceans.

We used our project in the real world by actually going to Frankston beach during school time and cleaning up the beach, which will lead to someone having a nicer time at the beach and hopefully leading him or her to not wanting litter because the section of the beach we cleaned

I learned about myself that it is good to help the community and that it is all good to help by up was so clean needing to clean up the beach but more needs to be done to stop the littering from occurring in the first place, I believe this project was very worthwhile and will hopefully inspire another group of Vcal kids to do a similar project.

By Miles Harding

# Stop-Motion Animation Club

## Mount Erin College

For our term 3 project we wanted to set up animation workshop for students to participate in. we opened the workshop during lunch time when a class was empty (with teachers permission). For the workshop we specifically brought arts and crafts material for stop motion (plasticines, papers, wires). Students would then take photos using their phones and splice them together to create a short film. Then with good faith of students completing their short films, we would then display them on the night of our expo.

We had our focus on the category of art for a participating and creative process. Miss McKinlay suggested on a film presentation from us, which we thought was brilliant, but instead we tweaked the idea and decided share the creative process with contributing students. We promoted the idea through "Compass", announcing to classes, sign-up sheets, and posters (which we had to personally organize). With teachers permissions we had set up the workshop in empty classrooms during lunch time. This was overall a two week process of us opening the workshop for students.

Much of the set up for the project was independent for us. We had to order a large shipment of arts and craft materials for the students to use (making sure the order was efficient). We also had to make judgment calls on how we promoted our project, what information must be shown, where and when, and finding a target audience (year 7-9). It also taught the younger year levels of cooperation, social communication, and expanding their horizons (as we hoped).

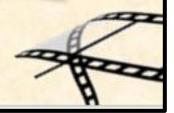
While pitching our project to teachers and students by using a positive image (smiling, enthusiastic, ambitious), presentation always does matter audiences no matter the topic is. It was an interesting experiment with trying different approaches to selling our project to people, such as visual aids, using fun adjectives, picking a target audience. The project was worthwhile by getting young students out of their shells and getting to know each other better through the workshop. In the end it seemed like students really enjoyed socializing with each other and making animation films.

By Perry Nagel









# PLANTING THE VCAL POSITIVITY TREE

Loretta Lloyd Chisholm MP





There was a lot new about the 2018 VCAL program at Chisholm Mornington Peninsula.

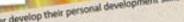
New program, new teacher, new learning space and "chill out" room, new students and new culture! At the beginning of the year we "planted" the VCAL Positivity Tree. This, forming the roots of our PDS

Students were challenged to identify negative patterns, perceptions of self, others, and develop a mindfulness for practicing positive thoughts and actions – with a focus on better connecting with self and respect for others and our community. As the students blossomed this year, so too, did our tree.

Leaves were awarded to be placed on a student "branch" by either the teacher, community members or more significantly, VCAL peers to acknowledge things such as compassion, initiative, changing negative patterns, and thoughtfulness towards others. Student's spurred each other with praise and feedback during the year to obtain "leaves".

This formed the culture for our room and year. There was a fundamental change in behaviors and attitudes, a feel good effect in and out of the classroom which in turn, created a safe, fun and comfortable learning environment, which saw the students coming together incredibly well as a team.





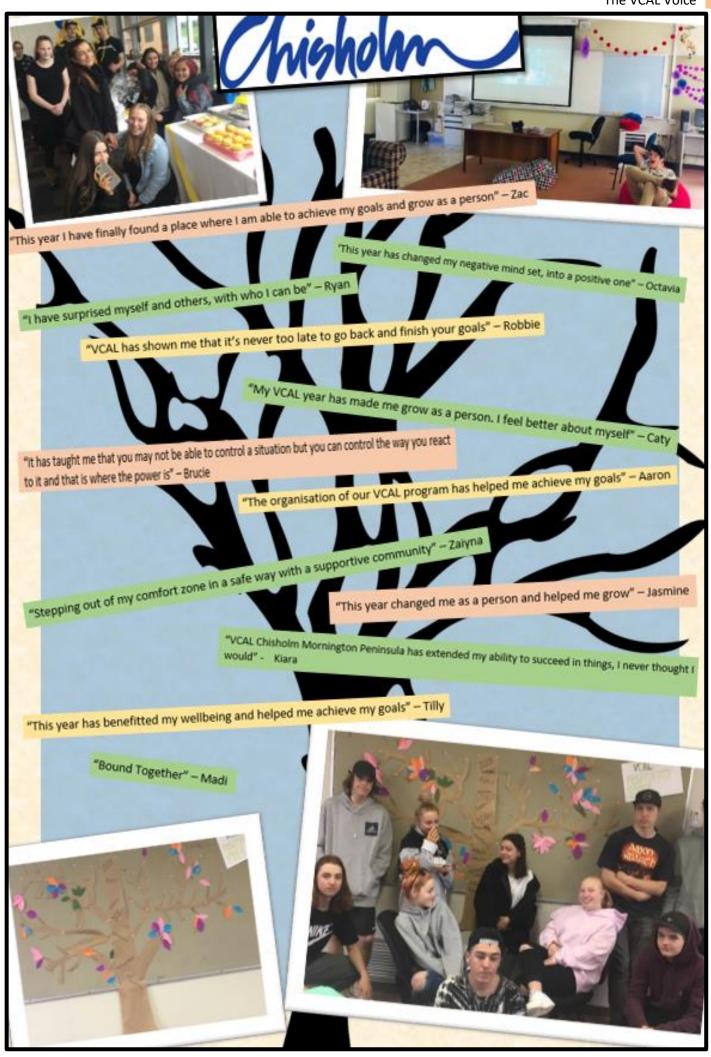
Some of the other "branch" offs enabled students to further develop their personal development skills during 2018, which included projects such as:

- Students learning nutritional and cookery skills, serving the local primary school who had Soup for schools program identified a need; experience in volunteering.
- VCAL MP Student's running sports activities for Peninsula Specialist College; experience in Outdoor Education with Peninsula Specialist College leadership and working with special needs.
  - VCAL Students coordinated project and raised \$400 for cancer research; experience in event Australia's Biggest Morning Tea coordinating and fund raising for a cause.
  - Students partaking in workshops with Paul Wilson; interactive forums on anger management, negative risk taking, and substance use, depression and anxiety. Breakin tha chainz Our positivity tree stands tall at the end of the year, a symbol of the vibrancy, growth and

uniqueness that has made up our VCAL class of 2018.









Monterey Secondary College offers two VCAL streams, Sport Connect and Industry Connect

The objective is to have students experience connections as often as possible with industries and organizations within their preferred career pathway area. To this end Sport Connect students work with NRL/ Melbourne Storm Staff, AFL connections and a vast number of other

Students from Sport Connect use their skills to teach at Primary Schools to enhance their confidence and as a great fun way of completing their VCAL Outcomes. Industry Connect students have had experiences ranging from the Maternity Ward at a local hospital to working with Parks Victoria, running events and managing hospitality for a number of events.

Students were asked to make individual comments on the way in which the Monterey VCAL programme has helped them to feel confident to Connect with the world of employment.

As my VCAL programme comes to an end I will leave with a heavy heart. I have had so much support from both my friends and Teachers. We have had a fantastic mentoring programme from Solicitors Gilbert and Tobin who gave us access to the Inroads Employment initiative. Over several months we have been mentored by young solicitors in the ways of work and trained by professional recruiters to give us all the confidence to be work ready. Two years in the Sport Connect Stream has given me so many opportunities to explore my interests and build a career pathway in a number of areas.. I leave with Business Administration Cert 3 and Public Safety Cert 2, and great experience working at a local plumbing business in administration.

Hiba El-Kotob- Senior

If it wasn't for VCAL I would never have even considered connecting into the Hospitality industry.

The first connection started with a short course accessed through the local Community Centre. It was part of my VCAL industry Connect Course and I realized that this was something that I really liked doing. An opportunity this year to enroll in a School Based Apprenticeship in Hospitality has let me develop the confidence to deal with customers, make great coffee as well as produce and serve café meals.

The experience is so broad that I am now well trained to work not only in a café but in any type of customer service or retail job. I can use a cash register and I give good customer service. I have had a lot of connections through VCAL at Monterey including working with Parks Victoria, gaining my Public Safety Certificate in Fire Awareness and gaining both beauty and hospitality certificates. VCAL has given me the opportunity and confidence to know what I want to do in the future.





This year with my Sport and Rec Cert 3 completed, I have been able to work as an NRL Game Development Officer. Al Tuai, from Melbourne Storm/NRL has influenced me to get out of my comfort zone and give everything a go. It has been a huge opportunity and a valuable connection as I go on to TAFE Diploma of Sport and Rec in 2019. I was able to watch and learn from Ali at local Primary Schools and to build my confidence in front of a lot of people. I have learnt to manage my time, prepare my class lessons and run sessions of my own. I have confidence to use my own initiative and the best part that it has been lots of fun and a great way to complete my VCAL Outcomes.

I have connected most with the Be Connected programme for Seniors. I was a bit nervous at first but was really pleased to have been selected to work with Monash University to learn now to teach about some of the things that I just take for granted with an Ipad or phone. cometimes the questions were a bit too technical because they were about android or apple ystems but between the students we were able to find someone in the team who was able to selp and we all learnt a bit more. I have had opportunities through VCAL to complete a ness Certificate and to connect with retail experiences last year in an Op Shop. That led me into a Hospitality SBAT this year and hopefully a full time Hospitality apprenticeship next



## Monterey Secondary College Pictures





Left: THE COLOUR RUN-VCAL facilitators at Kananook Primary School.

Above and Below: Connecting with employment opportunities on the Metro Tunnel Project.





Left: Melbourne Archaeology Project in conjunction with the Tunnel Excavation.

Below: VCAL at the State Library investigating tourism destinations.





## STUDY VCAL OR VET DELIVERED TO SECONDARY STUDENTS AT YOUR LOCAL MORNINGTON PENINSULA CAMPUS

Available courses	Duration	Location
Automotive (Mechanical), Cert II AUR20716	2 year	D, F
Automotive (Panel & Paint), Cert II AUR20716	2 years	D
Beauty, Cert III SHB30115	2 years	B, D, F, MP
Building (Bricklaying), Cert II 22216VIC	2 years	BT
Building (Carpentry), Cert II 22216VIC	3 years	BT, D, F, MP,
Building Design Drafting, Cert IV CPP40115	2 years	@311, F
Business Administration (Legal) Cert III BSB31015	2 years	D, F
Business, Cert II BSB20115	1 year	D, F
Business, Cert III BSB30115	1 year	D, F
Community Services, Cert II CHC22015	2 year	B, D, F
Computer Assembly & Repair, Cert II UEE20511	2 year	B, F
Design Fundamentals (Graphics), Cert III CUA30715	2 years	B, F
Design Fundamentals (Photography), Cert III CUA30715	2 years	D
Early Childhood Ed & Care, Cert III CHC30113	2 years	BC, B, D, F, MP
Electrotechnology (Career Start) Cert II UEE22011	2 years	B, D, F, MP
Engineering (Fabrication), Cert II 2209VIC	2 years	D, F
Engineering (Mechanical), Cert II 22209VIC	2 years	D, F
Floristry (Assistant) Cert II, SFL20115	2 years	С
Furniture Making, Cert III MSF20516	2 years	D, F
Health Services Assistance, Cert III HLT33115	2 years	BC, B, F, MP
Horticulture, Cert II AHC20416	2 years	C, MP
Hospitality, Cert II SIT20316 (Front of house)	2 years	BC, D, F, MP
Information Digital Media & Technology (Games), Cert III ICT30115	2 years	D, F
Kitchen Operations, Cert II SIT20416	2 years	D, F, MP
Kitchen Operations, Cert II SIT20416 (Patisserie)	2 years	D, F
Makeup, Cert III SHB30215	2 years	B, D, F
Nail Technology, Cert III, SHB30315	1 year	D
Outdoor Recreation, Cert II SIS20213	1 year	F
Plumbing, Cert II 22304VIC	2 years	BT, D, F
Retail Services, Cert II SIR20216	1 year	BC
Salon Assistant, Cert II SHB20216	1 year	D, F, MP
Screen & Media, Cert III CUA31015	2 years	@311, F
Sport & Recreation, Cert II SIS20115	1 year	B, F
Sport & Recreation, Cert III SIS30115	1 year	B, F
Tourism, Cert III SIT30116	2 years	D, F
Visual Arts, Cert III CUA30115	2 years	F

#### Program key

Scored VCE VET Program

Non-Scored VCE VET Program

Block Credit Program

#### Campuses Key

@311 Lonsdale St Dandenong, B Berwick, BC Bass Coast, BT Berwick TEC, C Cranbourne, D Dandenong, F Frankston, MP Mornington Peninsula.

Please note, course codes and names are subject to change, due to training packaging requirement. Campus delivery is subject to change due to enrolment numbers and availability.



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